



WOMENS ONLY DAY

WALTHAMSTOW LEISURE CENTRE

SUNDAY 8TH MARCH 2015

Please join us in celebrating International Women's Day at Walthamstow Leisure Centre; all activities are FREE of charge drop in sessions, on a first come, first served basis.



There will be a variety of different activities on the day including: Trampolining, Karate, Netball, Group Exercise Classes, and Badminton. We also have live Tai Chi & Karate demonstrations.

When:	Sunday 8 th March 2015
Time:	9.00am-5.00pm
Who:	All Ages (Crèche facilities available 9.00am-2.00pm)

How to find us

Walthamstow Leisure Centre
243 Markhouse Road
Walthamstow E17 8RN
020 8520 7464

For more information please email
Walthamstow@gll.org